



2023 CAM ACADEMY

The Center for Addiction Medicine (CAM) Academy was developed to provide trauma-responsive addiction medicine education and technical assistance across federal regions seven and eight. The CAM Academy was made possible by philanthropic donors and federal grant funds, of which we are so appreciative.

In 2023, we launched our first CAM Academy efforts. In total, we reached **660 PEOPLE** through training, presentations, and technical assistance efforts. Please see below for more detail regarding the offerings and the participants reached.

WHAT PARTICIPANTS ARE SAYING ABOUT CAM ACADEMY WORKSHOPS:

"This was one of the best trainings I have ever attended! SO engaging, hands-on, and applicable to my work. Thank you!" – CAM Academy impACT Participant

"This was one of the most engaging trainings I've been to in a long time. The presenters were excellent and their encouraging but not forceful style of getting participants engaged led to some really great contributions and discussions. I would recommend this training to all Denver Health employees."
– CAM Academy Trauma-Responsive Care Participant

STANDARDIZED WORKSHOPS PROVIDED:

In August 2023, we started offering virtual training to Denver Health employees and people across the region. We conducted:

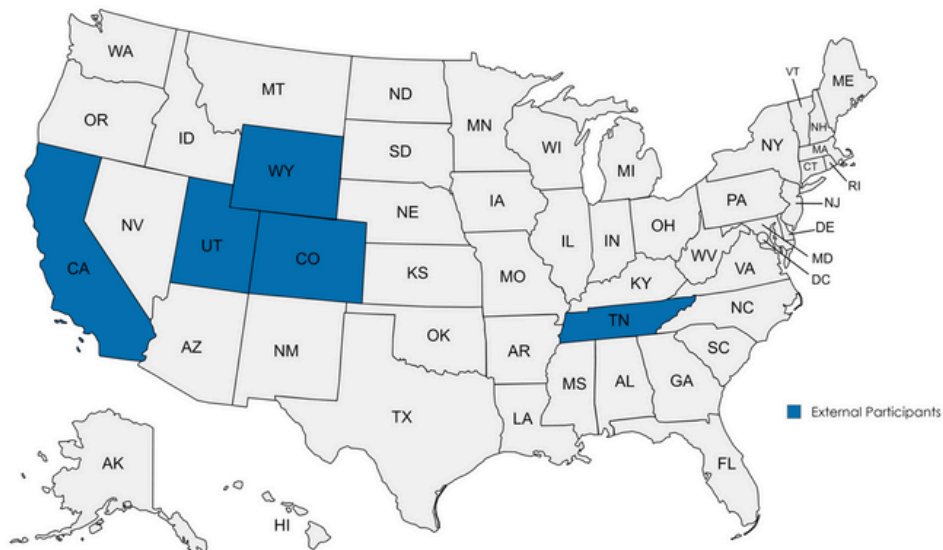
7 SESSIONS of the **TRAUMA-RESPONSIVE CARE WORKSHOP:**

This workshop, designed for all clinical and non-clinical healthcare providers and professionals, will cover key topics such as understanding trauma and the role of protective factors, the impact of an elevated stress response on our bodies, and the influence of racism and weathering on health disparities for people of color. Participants will also identify three techniques to create a trauma-responsive care environment, promoting a supportive and healing environment for both staff and the people we serve.

2 SESSIONS of the **IMPACT WORKSHOP:**

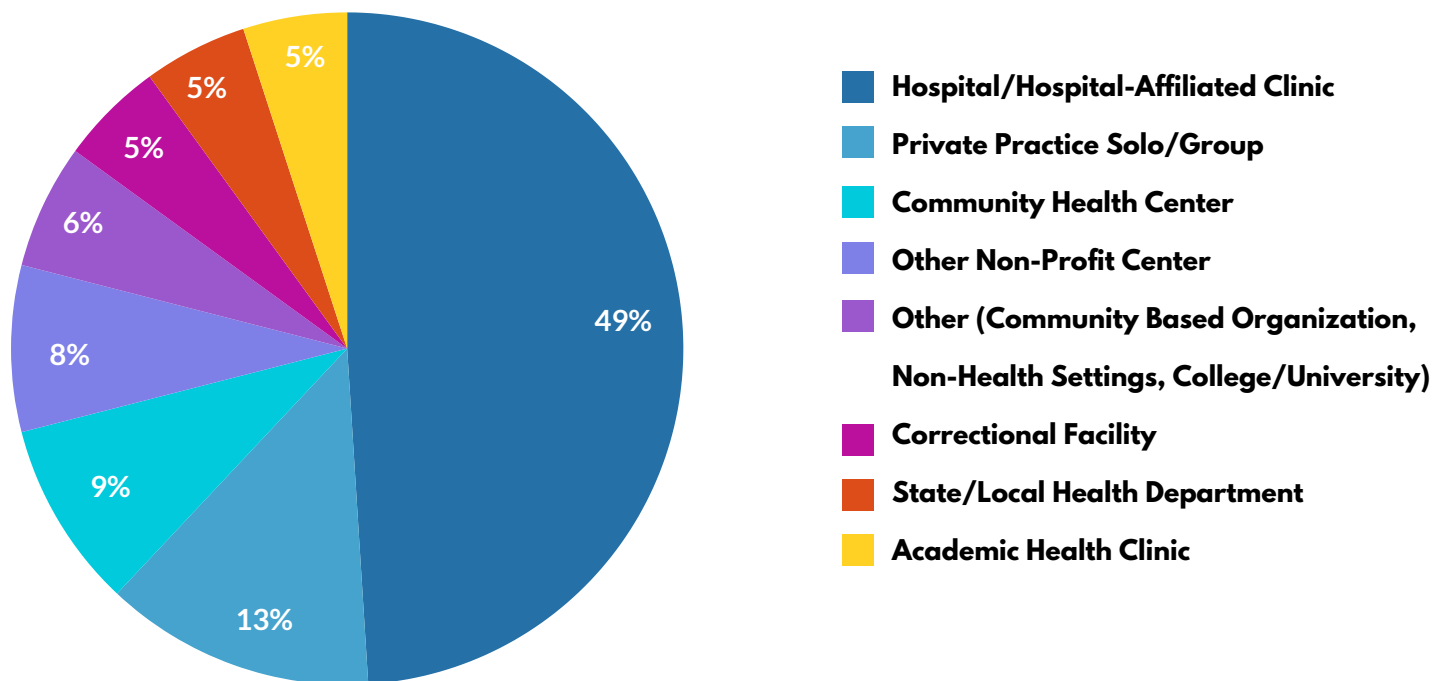
This workshop equips addiction medicine professionals with the skills to effectively treat adolescent substance use. It integrates Motivational Interviewing (MI), Acceptance Commitment Therapy (ACT), and Emotionally Focused Therapy (EFT). Through interactive exercises and case examples, participants learn to engage adolescents with substance use disorders and co-occurring conditions.

These workshops reached **129 PARTICIPANTS: 67%** Denver Health staff and **33%** external participants from **FIVE STATES** including California, Colorado, Tennessee, Utah, and Wyoming.

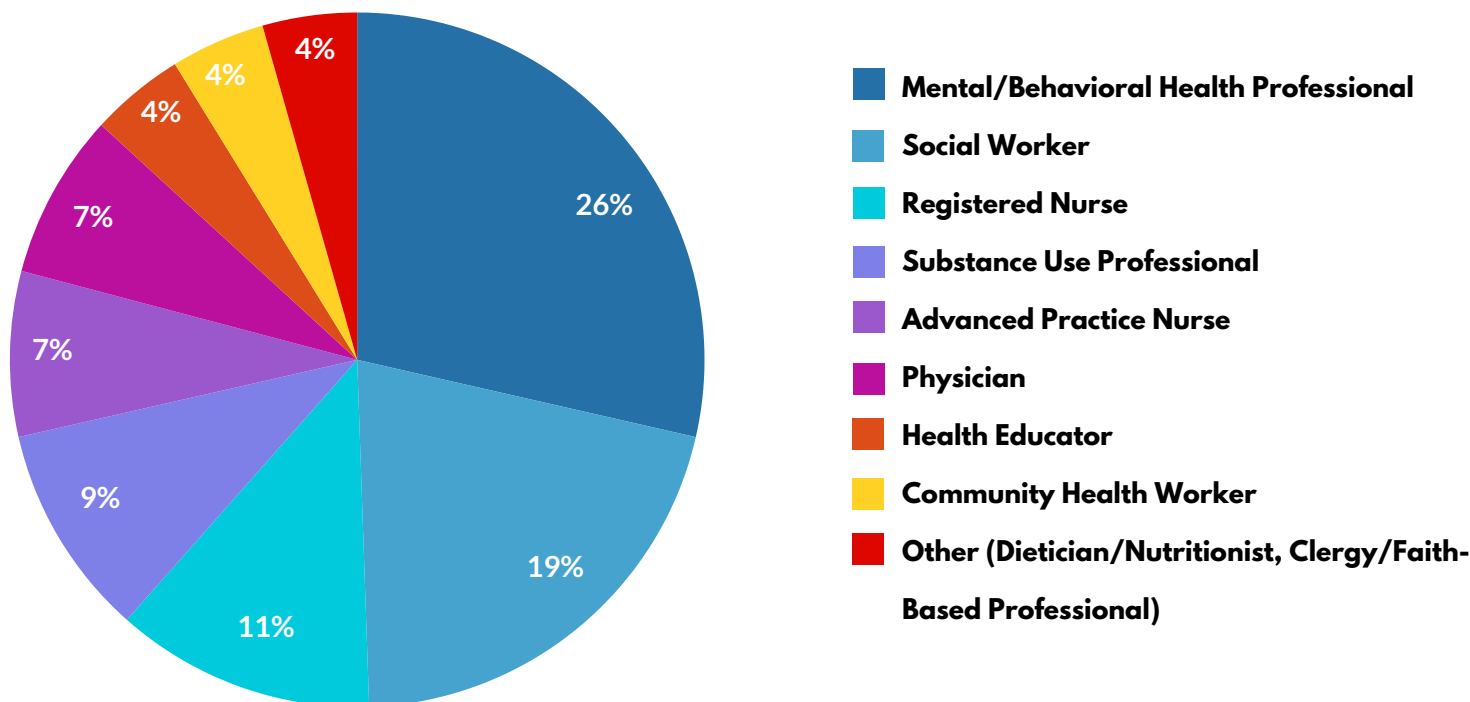


PARTICIPANT DEMOGRAPHICS:

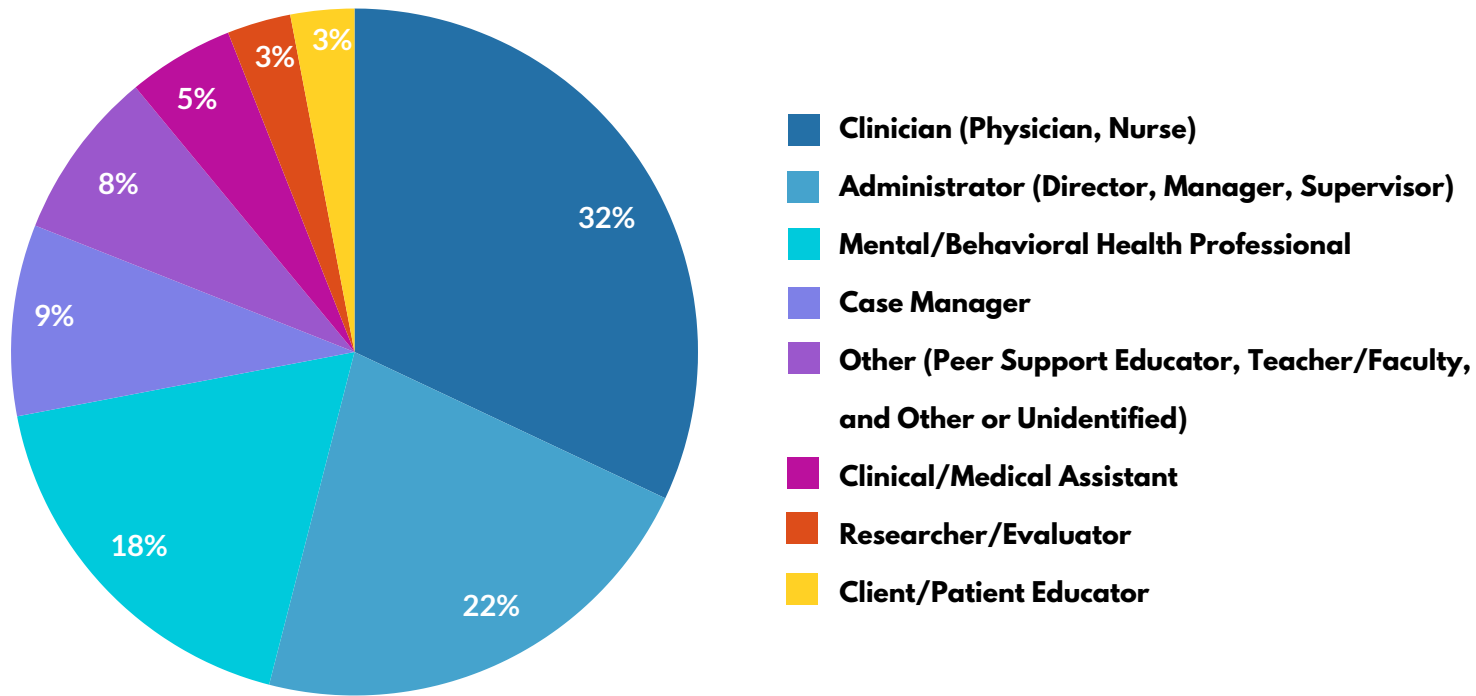
PARTICIPANT'S EMPLOYMENT SETTING



PARTICIPANT'S PROFESSIONAL DISCIPLINE



PARTICIPANT'S FUNCTIONAL ROLE



EVALUATION DATA:

Evaluation data for the workshops were collected through Denver PTC’s Learning Management System (LMS). CAM utilizes a modified Kirkpatrick^[1] Evaluation model that measures satisfaction with the workshop, change in knowledge and skill, and intent to change. Participants were given the opportunity, via email, to complete the survey. The evaluation survey had a 56% response rate (n=72). The evaluation results are presented below.

[1] Kirkpatrick, D., & Kirpatrick, J. D. (2011). The Kirkpatrick Four Levels. Kirkpatrick Partners.

LEVEL 1: SATISFACTION

Satisfaction (1-5 scale, n = 72)	Mean
Overall Learning	4.29
Quality of Content	4.39
Trainer	4.58
Teaching Methods	4.32
Quality of Materials	4.36

LEVEL 2: CHANGE IN KNOWLEDGE AND SKILLS

Change in Knowledge and Skill (1-5 scale, n = 72)	Mean
How much did you know about the topics before the training?	3.63
How much did you know after the training?	4.4
Change in Knowledge	+0.77

LEVEL 3: INTENT TO CHANGE

Intent to Change (1-5 scale, n = 72)	Mean
Pre-Training Self-Efficacy	3.59
Post-Training Self-Efficacy	4.34
Change in Self-Efficacy	+0.74

PRESENTATIONS PROVIDED:

26 PRESENTATIONS were conducted by subject matter experts related to Substance Use Disorders throughout 2023; these included topics on HCV and HIV related to substance use disorders, and much, much more! These presentations included a wide range of venues from Denver Health to national conferences.

In total, an estimated **530+ PARTICIPANTS** were reached.

TECHNICAL ASSISTANCE PROVIDED:

CAM Academy provided a total of **6 HOURS** (1 hour per month) of technical assistance to a Colorado organization newly implementing virtual intensive outpatient treatment in Colorado.

"We have implemented a contingency management program as the result of this training, as well as multiple parent-specific resources, primary care physician (PCP), referral practices, & school referral practices and multiple MI (Motivational Interviewing) and ACT (Acceptance Commitment Therapy) program elements...We are so grateful for everything you have done for our program and the families we serve. I look forward to future projects together!" - CAM Academy TA Customer

CONTACT US:

For more information about the services we provide please visit www.denverPTC.org/CAM or email us at CAMAcademy@dhha.org.