



## Center for Addiction Medicine (CAM) Academy Offerings

The CAM Academy provides training and technical assistance on comprehensive trauma responsive substance use disorder (SUD) treatment. Guided by our principles of dignity and equity, community collaboration, passion, and professionalism, as well as our commitment to prevention, treatment, research, and education we are dedicated with empowering you with the knowledge and tools needed to make a lasting impact.

**Vision:** To increase knowledge and skills of healthcare professionals and community members to provide comprehensive trauma-responsive treatment of SUD.

**Goal:** To provide training and technical assistance on comprehensive trauma-responsive SUD treatment for Colorado and the surrounding region, supporting Iowa, Kansas, Missouri, Nebraska, Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming.

### Training and Education Offerings

#### Trauma-Responsive Care Workshop

This three-hour virtual workshop will increase knowledge and skills to deliver compassionate and effective care that acknowledges and addresses the impact of trauma. It provides tools to create trauma-responsive environments to promote healing in individuals who have experienced trauma.

#### **Learning Objectives:**

1. Describe trauma and how protective factors can mitigate the impact of trauma.
2. Discuss the impact an elevated stress response can have on our bodies.
3. Discuss how racism and weathering impact health disparities in people of color.
4. Identify three techniques to provide a trauma responsive care environment.

**Length of Time:** 3-Hours

**Format:** Virtual, Instructor-led

**Continuing Education:** 2.75 hours of CNE and CME is offered.

**Cost:** \$150 (waived for Denver Health employees), we do offer private workshops.



## ImpACT Training

This comprehensive skills-based training explores motivational interviewing (MI), acceptance commitment therapy (ACT), emotionally focused family therapy (EFT), while integrating contingency management (CM) and medication-assisted treatment (MAT). Learners will develop advanced skills through interactive exercises and case studies to become confident and compassionate addiction medicine professionals, making a positive impact on adolescents affected by SUD.

### **Learning Objectives:**

1. Recall the key principles and techniques of Motivational Interviewing (MI).
2. Describe how Motivational Interviewing (MI) can be utilized in the treatment of substance use and co-occurring conditions.
3. Utilize techniques from Acceptance Commitment Therapy (ACT) and Emotionally Focused Therapy (EFT) to regulate client emotions and integrate with MI to support client behavior change.
4. Assess the effectiveness of principles of Contingency Management (CM) and medication management.
5. Examine how CM can be integrated with MI/ACT/EFT trans-diagnostic approach for addressing client needs.
6. Evaluate the effectiveness of the integrated approach for treating substance use and co-occurring conditions and compare it with other evidence-based treatments.

**Length of Time:** 1-Day, 8 hours

**Format:** Classroom, Instructor-led

**Cost:** Contact [CAMAcademy@dhha.org](mailto:CAMAcademy@dhha.org) for pricing inquiries.

## **\*COMING SPRING 2024\*** Addiction Medicine 101 Workshop

Addiction Medicine 101 is an introductory course that provides a solid foundation in addiction medicine, to increase knowledge and skills to understand, support and advocate for individuals with SUD. This course emphasizes a comprehensive approach to addressing the complexities of addiction and promotes compassionate care and advocacy. Participants who complete the workshop will understand addiction as a chronic relapsing disease model, destigmatize addiction and MAT/treatment, and identify tools to help staff link patients to care.



## Learning Objectives:

1. Describe the addiction cycle, the neuroscience of addiction, and its connection to trauma, and who is impacted by SUD.
2. Apply person-first language and a non-judgmental and empathetic approach when advocating and communicating with people affected by SUD.
3. Assess the effectiveness of recovery as a restorative movement.
4. Advocate for the value of harm reduction as a universal approach to care.
5. Recommend the diverse range of treatment and recovery resources available for the needs of the people we serve.

**Length of Time:** TBD

**Format:** Virtual, Instructor-led

**Continuing Education:** TBD

**Cost:** TBD. We do offer private workshops.

## Words Matter Presentation and Campaign

Our commitment to improving patient experiences and outcomes has led us to launch the “Words Matter” campaign- a transformative data-driven revelation revealing the use of stigmatizing language when discussing SUD in patient notes at Denver Health. The campaign includes several vital components, aimed at advancing our mission of promoting person-first, inclusive, and clinically accurate language.

1. **Presentation and Education:** The campaign provides 20- or 5-minute presentations and educational resources tailored to healthcare providers and professionals. These materials aim to heighten awareness about the impact of language on care, offer guidance on recommended terminology, and foster a deeper understanding of the significance of person-first language.
2. **Pledge:** Denver Health providers and professionals are encouraged to take a pledge as part of the campaign, committing to the use of person-first language and clinically accurate terminology in their interactions with people with SUD. This pledge serves as a tangible declaration of our shared commitment to creating a more supportive and empathetic environment for those seeking help for SUD.

We are currently working on a media toolkit and a presentation for external organizations. To learn more about this campaign, presentation, and our efforts, contact us at [CAMAcademy@dhha.org](mailto:CAMAcademy@dhha.org).

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## Technical Assistance and Capacity Building

Our multidisciplinary team offers technical assistance, specializing in helping individuals and organizations provide trauma- and addiction-responsive care services. We provide consultation, quality improvement methods, and structural changes to support comprehensive care for people with SUD. Additionally, we offer tailored events, including customized or private workshops designed to address specific needs and challenges, helping you develop and refine policies, procedures and workflows tailored to your organization's unique requirements. For more information, contact us at [CAMAcademy@dhha.org](mailto:CAMAcademy@dhha.org).

## Substance Use Disorder Presentations

The CAM Academy has a diverse faculty that can provide training and technical assistance on a wide variety of topics to meet your needs. Topics include:

- **Treatment for Adolescent and Adult Opioid Use Disorder**
- **Medication Assisted Treatment (MAT)**
  - Buprenorphine & Suboxone
  - Methadone
- **Treatment for Stimulant Use Disorder including Methamphetamine Use Disorder**
- **Contingency Management**
- **Adult and Adolescent Detox from Substance Use**
- **Adolescent and Adult Intensive Outpatient Programs (IOP)**
- **Treatment for Alcohol Use Disorder**
  - Naltrexone
  - Disulfiram (Antabuse)
  - Acamprosate
- **Specialty Treatment Services for Women and Families**
- **Cannabis Use Disorder**
- **Tobacco Use Disorder**
- **Secondary Trauma and Compassion Fatigue**

To inquire about our fee structure, kindly contact us at [CAMAcademy@dhha.org](mailto:CAMAcademy@dhha.org). Our pricing model is customized to address the specific requirements of each request.